

## What your writing reveals about you.

*A mirror, not a coach. Pattern descriptions only, you decide meaning. Privacy-first, local-only.*

## Months → Days

TO SURFACE PATTERNS  
*The Agent reads at the speed of writing.*

### — THREE WAYS IT IS USED

#### Personal reflection

The mirror you don't get from re-reading your own notes.

#### Between coaching sessions

Patterns emerge between meetings — next session starts further along.

#### Coach + specialist (Phase 2)

Run on your own writing first. Offer to clients as part of the work.

### — HOW IT WORKS

1

Connect Obsidian

2

Agent reads

3

Patterns surface

4

You decide

### — MANUAL VS. AGENT

METRIC	BEFORE	WITH AGENT
Spot a pattern	Months	<b>1–2 weeks</b>
Language patterns	Almost never	<b>First run</b>
Tracked over time	Hard to remember	<b>Continuous</b>

### — BUILT FOR TRUST

#### PRIVATE

Local corpus. Never pooled.

#### NO DIAGNOSIS

Patterns only. You decide.

#### OFF SWITCH

Uninstall, you're done.

Join the waitlist →

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Or: For coaches and specialists